

# South West Inter-County Championships 2004

## Results for Senior Ladies

	<u>100m</u>	Elite Standard	12.3	Windspeed	+1.3
1	D	Katherine Endacott	DEVON	11.6	7
2	DD	Karen Gear	DEVON	12.6	
3	C	Debbie Drinkell (V35)	CORNWALL	13.9	6
4	R	Jemma Bates	DORSET	14.7	5

	<u>200m</u>	Elite Standard	25.5	Windspeed	+0.2
1	D	Katherine Endacott	DEVON	23.9	7
2	R	Sian Scott	DORSET	24.8	6
3	DD	Karen Gear	DEVON	25.8	
4	C	Debbie Drinkell (V35)	CORNWALL	28.8	5

	<u>400m</u>	Elite Standard	58.5		
1	D	Karen Gear	DEVON	58.7	7
2	C	Jane Whinney V35	CORNWALL	64.5	6
3	R	Jemma Bates	DORSET	82.3	5

	<u>800m</u>	Elite Standard	02:14.0		
1	D	Linda Dabbs	DEVON	02:40.1	7
2	R	Jemma Bates	DORSET	02:57.2	6

	<u>1500m</u>	Elite Standard	04:41.0		
1	C	Danielle Cross	CORNWALL	04:42.8	7
2	D	Fiona Dunn	DEVON	05:07.6	6
3	R	Jemma Bates	DORSET	06:42.8	5

	<u>5000m</u>	Elite Standard	18:30.0		
1	A	Kate Reed	AVON	16:14.2	7
2	C	Caroline Stevens V35	CORNWALL	19:28.5	6
3	R	Jemma Bates	DORSET	23:43.8	5

	<u>100mH</u>	Elite Standard	15.5	Windspeed	+2.1
1	A	Jo Thorne	AVON	14.6	7
2	D	Sharon Davidge	DEVON	15.7	6

400mH Elite Standard 66.5

1	R	Sian Scott	DORSET	59.5	7
2	C	Tessa Williamson	CORNWALL	74	6

2000mS/C Elite Standard 07:20.0

1	C	Tessa Williamson	CORNWALL	08:35.4	7
2	D	Anne Darby	DEVON	08:48.2	6

High Jump Elite Standard 1.63

1	D	Laura Pitts	DEVON	1.66	7
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Long Jump Elite Standard 5.25

1	D	Sharon Davidge	DEVON	5.16	7
2	C	Debbie Drinkell (V35)	CORNWALL	4.64	6

Triple Jump Elite Standard 10.50

1	D	Sophie Lidstone	DEVON	9.81	7
2	C	Debbie Drinkell (V35)	CORNWALL	9.61	6
3	S	Sherrri Eyles	SOMERSET	9.30	5
4	R	Helen Arbuthnot	DORSET	8.93	4

Pole Vault Elite Standard 2.60

1	R	Larissa Lowe	DORSET	3.40	7
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Shot Putt Elite Standard 9.95

1	D	Bolanie Ogun	DEVON	10.90	7
2	C	Kimberley Rawling	CORNWALL	9.22	6
3	S	Val Bovell	SOMERSET	7.69	5

Discus Elite Standard 34.00

1	C	Kimberley Rawling	CORNWALL	33.04	7
2	D	Elaine Giles	DEVON	33.02	6
3	S	Val Bovell	SOMERSET	25.37	5
4	R	Helen Arbuthnot	DORSET	13.74	4

Javelin Elite Standard 35.50

1	C	Joanne Glossop	CORNWALL	24.81	7
2	R	Helen Arbuthnot	DORSET	22.59	6
3	D	Amy Booth	DEVON	19.68	5

Hammer      Elite Standard      35.00

1	A	Zoe Durham	AVON	60.27	7
2	D	Bolanie Ogun	DEVON	41.78	6
3	C	Kimberley Rawling	CORNWALL	40.21	5
4	DD	Elaine Giles	DEVON	34.50	
5	R	Helen Arbuthnot	DORSET	33.75	4
6	S	Val Bovell	SOMERSET	27.71	3